

# In bone surgery and implantodontics, the benefits of lasertherapy

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## LETTER

The idea of laser-based “Star Wars” technology for oral surgery and implant dentistry has fueled research and development of new bone-cutting equipment ever since. Clinical experience and basic research led to significant advancements in laser-assisted bone cutting. The last breakthrough was made possible by the Employment of Pulsed Erbium-Doped Yttrium Aluminium Garnet (Er:YAG) lasers, which demonstrated high ablation rates and rare or non-carbonization phenomena. Erbium lasers have seen significant advancements in the field of operative dentistry in recent years, resulting in broad acceptance of these devices for cutting and treating mineralized hard tissues. Because the primary determinants in the prognosis of successful implants are the professional’s experience and the amount of bone accessible in the patient, it is critical to execute the dental implant if we see the quantity and quality of the bone left in the patient [1].

Bone voids are healed by a natural biological process under normal circumstances and after the etiological agent has been eliminated. The extent and pace of repair, on the other hand, are determined by the anatomical location, etiological agent, lesion size, and each individual’s biological traits.

As a result, the patient may be exposed to unnecessary risk and suffering for an extended length of time as the repair process takes shape.

Erbium lasers, on the other hand, are mostly used to prepare dental hard tissues such as enamel, dentin, and cementum. The routine use of Er:YAG lasers to treat bone tissue is still in its early stages, with few clinical trials indicating significant surgical benefits and long-term success. Cutting essential bone with erbium lasers would undoubtedly provide numerous benefits, including noncontact, blood-reduced, and vibration-reduced surgery approaches, the ability to choose cut geometry, a compact operation field, and the avoidance of huge bone loss and metal abrasion. Furthermore, the reduction in the need for local anaesthetic and the elimination of the typical audible whining of dental high-speed handpieces would make laser-assisted bone cutting an advantageous instrument for dentist-phobic patients. However, the device’s application is generally confined to a small user domain due to a lack of information, inadequate training, and surgeon experience.

## REPAIR OF BONE

Because it is mineralized in its intercellular organic matrix and exhibits all other tissue characteristics such as the existence of cells and interstitial fluid, as well as vascularization and innervation, bone tissue is classified as specialized connective tissue.

The cells that build up bone tissue are as follows:

Cells that generate the organic portion of the bone matrix are known as osteoblasts. Osteoblasts give rise to osteocytes when they are entirely enveloped by bone matrix.

Osteocytes are cells that reside in the cavities or gaps between bone trabeculae. They are related with trabeculae nutrition and have cytoplasmic prolongations that connect them;

Osteoclasts are cells that take part in the resorption of bone tissue. They are multinucleated, extensively branching giant cells produced from the fusion of monocytes passing through blood capillaries. These cells excavate the bone matrix via enzymatic action, generating depressions known as resorption surfaces or Howship gaps.

Osteocytes are the product of the mineralized matrix securing osteoblasts, and they are tightly linked to the bone matrix, interfering with bone  $Ca^{++}$  and  $P^{++}$  metabolism, and communicating with one another to maintain normal bone activities. Multinucleated cells developed from monocytic granulocytic bone marrow precursors, osteoclasts are multinucleated cells.

They employ a hydrogen bomb to acidify and solubilize the mineral structure, releasing proteolytic enzymes that denature matrix proteins, and therefore bone-destroying cells, via a lysosome simulacrum. Osteoclasts, on the other hand, start the process of remodelling by releasing growth factors [2].

## REFERENCES

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