

Lip rejuvenation with platelet rich plasma- Alekya- Apollo Clinics

Alekya

Apollo Clinics, India

Background: Aging and anti-aging have become the most popular topics of discussion in the cosmetic and dermatological world today. In spite of the common word we hear: Aging gracefully there is a lot of concerns in both men and women when it comes to aging. A first glance at a person's face helps us to guess their age. When we look at a person we end up definitely looking between the triangle of both eyes and lips which makes lips a majorly important feature in anyone's face. With aging we start to lose volume and color of the lips. They also become less lustrous and lose the definition. Habits like smoking or not maintaining proper hydration also results in having a dull looking and dry lips. In patients on oral retinoids, dry and chapped lips are one of the most uncomfortable and visible side effects. Platelet Rich Plasma (PRP) therapy of lips for these conditions helps in restoring its quality.

Method: Platelet rich plasma therapy was used to treat patients on oral retinoids and also for those with concerns about dull looking and cracked lips. Treatments with platelet rich plasma, extracted from patient's own blood, with a gap of three weeks interval between each session, were done on these patients.

Result: PRP has helped in restoring the lost hydration of the lips and also corrected the dull color to certain extent. Patients on oral retinoids also have noticed less chapping of the lips.

Conclusion: PRP therapy helps in restoring the quality of the lips by giving good hydration. It also helps in re-gaining the lost color of the lips and makes them healthier. Once the patients get the lips rejuvenated with PRP, they can maintain the quality of the lips by taking required measures.