Nucleocytoplastic trafficking describes the process whereby molecules destined for the nucleoplasm or cytoplasm move across the nuclear envelope. This transport regulates transcription and translation by respective control of transnuclear movements of transcription factors and messenger RNA. Transport across the nuclear envelope occurs through large MDa pores embedded in the inner and outer nuclear membranes, and is a dynamic, adaptable process modulated by biochemical and biophysical cellular milleus. The present review discusses current understanding of the composition and function of the nuclear pore complex through which transport occurs; regulatory elements within molecular cargo that influence its movement into and out of the nucleus; transport associated proteins that guide the cargo across the nuclear envelope; and factors responsible for modulating nucleocytoplastic transport.

Key Words: Nuclear pore complex; Nuclear transport

THE NPC

Structure and composition

Electron microscopy of an NE in cross-section demonstrates how the NPC serves as a proteinaceous ‘rivet’ connecting both outer and inner nuclear membranes of the NE. Immunocytochemistry using mAb414, an antibody that recognizes NPC proteins or nucleoporins (nups), demonstrates intense staining of the nucleus as well as cytoplasmic annulate lamellae (Figure 1). Confocal microscopy of smooth muscle cells illustrates regular distribution of NPCs across the surface of the NE. The NPC is a dynamic and highly regulated structure, which shows a high degree of evolutionary conservation across various species (7). Most of the information on NPC composition and architecture has been garnered from yeast (10) and Xenopus (11,12); however, the primary focus of this section will be on mammalian NPCs.

Mammalian NPCs are approximately 125 MDa and composed of 30 to 32 discrete nups that occur in redundant groupings within the pore (7). Overall, the NPC is approximately 120 nm in diameter and possesses an axial depth of approximately 70 nm. It is composed of eight multimeric subunits arranged in an annular configuration that can be visualized as a distinctive barrel-like shape. This structural conformation leaves a functionally dynamic aqueous central channel approximately 9 nm to 11 nm in diameter under normal conditions (13,14). Electron microscopy of prepared NEs illustrates the octagonal symmetry of the pore when viewed en face. The central pore can dilate to accommodate larger cargoes in transit (15,16) as well as respond to calcium fluxes (17,18). In addition to the main central channel (19,20), peripheral channels exist, which are hypothesized to permit the flow of various small molecules and ions (4,21). One feature of the NPC core that remains controversial is the pore plug or central trans-

Figure 1) Visualization of a vascular smooth muscle cell nucleus using confocal microscopy. Images of mAb414-stained nuclei were obtained via confocal microscopy at 100× magnification. Punctate staining of the nuclear envelope is immediately apparent, which is a distinctive nuclear pore complex staining pattern. Cytosolic staining of pore proteins within annulate lamellae is also apparent

have revealed the presence of a large molecule occluding the central channel of the pore (1). It is unclear whether this plug is a bona fide structural component of the pore or simply trapped cargo; however, observations made by Stoffler et al (22) and others (23,24) suggest that the central plug may be a composite of a molecule caught in transit with attendant changes in distal ring conformation.

On the nuclear and cytoplasmic faces of the pore are ring structures from which filaments extend into their respective compartments (4). The cytoplasmic and nuclear ring-filament assemblies are asymmetrical and possess distinct structural variations. The cytoplasmic filaments are regularly spaced around the ring and extend into the cytosol for approximately 50 nm (22). It also contains nups, which serve as docking sites for pretransport import complexes (25-28).
The nuclear filaments are evenly distributed around the nuclear ring, which in turn interacts with the nuclear lamina (29). The nuclear filaments extend significantly further into the nucleoplasm than their cytoplasmic counterparts and are joined at their distal ends by a smaller ring, termed the distal ring (3,4,22,29). This entire assembly is known as the ‘nuclear basket’ (3,4). Sites on the distal ring and at the distal ends of the nuclear filaments serve as initial docking sites for export complexes and serve a function similar to their cytosolic counterparts (30). Another unique feature of the nuclear face of the NPC is its association with the nuclear lamina (via the nuclear ring) (29). The function of the nuclear lamina in this respect is to anchor the NPCs within the NE (31).

**Dynamics**

The nuclear pore is a dynamic structure that responds to a variety of stimuli (32-35), and its functional diversity extends beyond its role as a transport gate, discussed in excellent reviews elsewhere (36,37). The presence or absence of the central transporter in response to the depletion or repletion of periplasmic calcium stores, respectively, is an excellent example of NPC dynamics (17,18). It has been proposed that this transporter – or ‘plug’ – may represent a calcium-sensitive multimer composed of nup gp210 (32). Others have suggested that this feature is a preparative artifact because it was not observed in other experiments and was postulated to be molecular cargo trapped in transit (35). Numerous studies investigating the role of calcium in NPC regulation, however, have demonstrated a calcium-sensitive mechanism responsible for closing and opening the pore (17,18). These independent observations support the notion that the NPC is dynamically regulated by calcium fluxes in and around the nucleus (17,18,38).

Nups are capable of diffusing from one membrane system to another within the same cell. Partial pore complexes and individual nups have been localized to the cytoplasmic annulate lamellae (AL), an organelle associated with components of the Ran cycle and potentially involved in nup distribution (39-41). Morphologically, the AL are multilayered membrane structures (31,41,42). Harel et al (40) demonstrated that imbalances in cellular RanGTP concentrations lead to excessive formation of de novo AL; therefore, the presence of AL may be a secondary effect of nuclear assembly processes. However, the identification of partial pore complexes within the AL suggests that the AL may serve as a distributor and repository for pre-assembly NPC proteins and nuclear pore subcomplexes (41). This was based on the observation that immunofluorescent staining for nups visualized proteins within the NPC as well as within the AL (43). Belgareh and Doyle (44) reported transnuclear diffusion of a nuclear pore protein in a binucleate heterokaryon, demonstrating that some nups are capable of translocating from one membrane system to another. This finding provides evidence of the hypothetical role of the AL as a nup repository and supports the dynamic characteristic of the NPC. Interphase NPCs have low turnover in living cells and are replaced after a round of mitosis (31). Significantly, individual nups have variable half-lives (45), with some nups demonstrating off-pore mobility (31,46). In untreated cells, individual NPCs possess limited lateral movement and show heterogeneous distribution because they are anchored to the nuclear lamina via the nuclear ring (31). They are capable, however, of shifting in waves around the entire surface of the nucleus as a single entity (31), which can be envisioned as a net covering a ball (ie, although the entire net can freely move around the surface of the ball, the interconnecting points are not significantly displaced with respect to one another). Abnormal spatial distribution of NPCs has been reported in conjunction with alterations or defects in nuclear lamins (47,48). Mutations in a specific subset of nups can also result in NPC clustering instead of the normal distribution (44,49-51). These observations imply that, although NPCs maintain specific distributions under normal conditions, they are capable of collectively undergoing significant spatial rearrangement and are not static structures. Additionally, the density of NPCs can change according to the metabolic needs of the cell (52-54). Changes in the nuclear pore can, thus, be correlated with growth requirements and/or changes in mitosis.

The link between NPC dynamics and mitosis has been further strengthened by work that has demonstrated the redistribution of integral nups to the kinetochore during mitosis (55-57). The trigger responsible for relocating these NPC proteins has been presumed to be NE breakdown (57), which releases the nups, enabling them to associate with the mitotic machinery (57). The cell can then proceed past the spindle checkpoint and subsequent steps in mitosis can continue unimpeded. From these observations, it is clear that individual nuclear pore proteins are mobile in both interphase and mitosis, significantly more so in the latter.

**MODELS OF TRANSPORT**

Despite our present knowledge of the structure and characteristics of the nuclear pore, the nature of the barrier that regulates passage of molecules across the NPC remains to be clearly defined. Early research in yeast demonstrated that some nups contained FG repeats as well as GLFG and FxFG motifs (58). These sequences are highly conserved between NPCs of different species and facilitate searches for homologous proteins in higher eukaryotic species. Importantly, the interaction of nups with soluble components of the nuclear transport machinery occurs through these FG repeats (59-61) and forms the basis of several models of nuclear transport.

**Polymer brush**

A thorough analysis of the yeast NPC by Rout et al (10) revealed that the yeast NPC contains approximately 30 to 32 nups. Based on the number and distribution of nups observed in their work, Rout et al (10) suggested Brownian affinity as a potential mechanism of transport. The notion of transport here was that import or export complexes bind to FG nups within the NPC, increasing their residence time at the pore opening, thus raising the probability of their entry into the channel and subsequent translocation through the central channel by Brownian motion (10). This initial understanding served as the conceptual precursor to the present polymer brush model currently proposed.

In this model, disordered FG domains extend to create a virtual gate, or entropic brush region that blocks non-NLS-mediated protein movement (62). In contrast, binding via importin-b collapsed the extended domain. Furthermore, this effect was reversed by the action of RanGTP that would return the collapsed regions to their extended, brush conformation (63).

**Hydrogel**

Another model that attempts to take into account cargo movement is the hydrogel model (64,65). This model hypothesizes the existence of an interconnected meshwork between nups that are connected to one another via their FG repeats within the channel (64). Transport cargoes are able to traverse this meshwork because they are able to interact with the FG repeats themselves, thus breaking the connection between nups within the mesh. Additionally, the 'holes' within the mesh act as a molecular sieve and together with the hydrophobic nature of the channel serve to exclude both inert (receptor-less) cargo and molecules beyond the size limit of the pore (64).

**Forest (trees and bushes) model**

A third proposed mechanism of action focuses on the bimodal distribution of two categories of extended FG conformations and their arrangement within the NPC (66). In this model, FG nups with extended disordered domains (trees) or relatively compact FG regions (bushes) are arranged in a manner that creates distinct transport zones within the central channel. This combines aspects of the polymer brush and hydrogel models, and takes into account the varying affinities of discrete nups for specific cargo-receptor complexes.

The three models described above explain the movement of cargoes across the NE; however, the role of the Ran gradient is not fully considered for each. The polymeric brush model does provide...
TABLE 1
Examples of nuclear import sequences and their cognate receptor

<table>
<thead>
<tr>
<th>Importin receptor</th>
<th>Signal sequence/motif</th>
<th>Example</th>
</tr>
</thead>
<tbody>
<tr>
<td>Importin-α</td>
<td>(monopartite) PKKKRKKV (3)</td>
<td>PKKKRKKV</td>
</tr>
<tr>
<td></td>
<td>(bipartite) KRPAAKKAQAGKK (7)</td>
<td>KRPAAKKAQAGKK</td>
</tr>
<tr>
<td>Importin-β</td>
<td>RQARRRARRRR (8)</td>
<td>RQARRRARRRR</td>
</tr>
<tr>
<td>Transportin</td>
<td>NQSNSFPMKGNFGRSSGPY</td>
<td>NQSNSFPMKGNFGRSSGPY</td>
</tr>
<tr>
<td>Snurportin1</td>
<td>trimethylguanosine cap (m3G) (9)</td>
<td>trimethylguanosine cap</td>
</tr>
<tr>
<td>XRIPα</td>
<td>DNA binding domain (10)</td>
<td>DNA binding domain</td>
</tr>
</tbody>
</table>

Importin-α is the primary receptor for the ‘classical’ polybasic amino acid motif, which occurs as a monopartite or bipartite signal sequence (see text and above). Once importin-α binds its substrate, an importin-β binding domain on the alpha subunit is exposed, leading to the formation of a heterotrimeric receptor-substrate complex. Importin-β is also a primary receptor and can bind to individual proteins without the need of an adaptor protein. Other import receptors recognize nuclear localization signals distinct from the polylysine type and are depicted above.

evidence for the role of RanGTP in altering permeability, but it is a fourth model that attempts to explain the selective permeability barrier of the NPC in the context of a full Ran gradient. This is critical to nuclear transport processes, as collapse of the gradient can stop transport (67-70). Additionally, the direction of transport can be reversed in the presence of high cytosolic concentrations of RanGTP (71).

Karyopherin-centric, binding affinity model

Ben-Efraim and Gerace proposed a model that would incorporate the directionality and motive force provided by RanGTP/GDP distribution across the NE with size exclusion limits and binding affinities (72). In their model, transport cargoes bound to RanGTP move up an increasing affinity gradient to end up at terminal docking sites in their predetermined compartment (72-76). This model reconciled biophysical parameters of the NPC, with the observed transport dynamics, and would ultimately serve as the conceptual precursor of the contemporary karyopherin-centric model (77,78). This model incorporates the observation that specific FG-containing nups bind transport receptors with varying degrees of affinity (72).

While all proposed models explain the exclusivity of the selective FG nup gating mechanism to some degree, no consensus has yet been reached that unifies the spectrum of biophysical properties exhibited by the NPC barrier with the diversity of biochemical factors critical for nucleocytoplasmic transport. Future work using technology capable of increasing NPC structural detail and high temporal resolution (79,80) of discrete transport events will contribute greatly to addressing this long-standing challenge within the field.

NUCLEAR TRANSPORT SIGNAL SEQUENCES

Nuclear localization signals

Nuclear transport generally describes the process by which molecules move back and forth between the nuclear and cytoplasmic spaces. It is a bidirectional and energy-dependent phenomenon, with specific regulatory mechanisms distributed within the soluble portion of the cell as well as at the NE. Nucleocytoplasmic trafficking is initiated on recognition of a specific signal sequence that directs the molecule to either be imported into the nucleus from the cytoplasm or exported in the opposite direction.

The first signal sequence identified was a monopartite, polybasic amino acid motif (PKKKRKKV) directly responsible for the nuclear localization of the SV40 large T antigen (81). This nuclear localization signal (NLS) was a polylysine motif known as the ‘classical’ signal sequence (Table 1). NLSs also exist in a bipartite form. Dingwall et al (82) first characterized the existence of a bipartite NLS in nucleoplasm and would later demonstrate that it contained polybasic sequences homologous to the NLS of the SV40 large T antigen (83).

TABLE 2
Selected nuclear export signals and their receptors

<table>
<thead>
<tr>
<th>Export receptor</th>
<th>Signal sequence/motif</th>
<th>Molecule exported</th>
</tr>
</thead>
<tbody>
<tr>
<td>Crm1</td>
<td>LPLERLTLD (20)</td>
<td>Rev</td>
</tr>
<tr>
<td></td>
<td>LALKLAGLDI (21)</td>
<td>PKI</td>
</tr>
<tr>
<td></td>
<td>LOKKLEELELE (22)</td>
<td>MEK1</td>
</tr>
<tr>
<td>CAS</td>
<td>CGGDLODK (25)</td>
<td>importin-α</td>
</tr>
<tr>
<td>Cattelin</td>
<td>CGGGKVKKRAVEQGOHNL (26)</td>
<td>glucocorticoid receptor</td>
</tr>
<tr>
<td>TAP</td>
<td>RNA stem-loop structure (23)</td>
<td>RNA</td>
</tr>
<tr>
<td>Mex67p</td>
<td>Polyadenylated RNA (28)</td>
<td>RNA</td>
</tr>
</tbody>
</table>

Exports are responsible for delivering proteins to the cytosol from the nucleus. Crm1 (also known as exportin-1) has been well characterized as a nuclear exporter. Other proteins have been identified that bind signals distinctly different from those recognized by Crm1. RNA molecules are exported from the nucleus once their receptor recognizes distinct molecular features (see above).

The discovery of the NLS provided the impetus for the identification of other signal sequences responsible for nuclear import, but distinct from those of the SV40 variety. A glycine rich, novel sequence that did not contain any ‘classical’ NLS-type basic amino acids was found in the pre-messenger/mRNA binding protein hnRNP A1 (84) and was designated M9 and recognized by transportin (Table 1). Attachment of this sequence to two cytosolic enzymes, pyruvate kinase and beta-galactosidase, was sufficient to enable their import into the nucleus. A listing of selected NLSs and their cognate receptors are shown in Table 1.

Nuclear export signals

Proteins and RNA exported from the nucleus typically possess a leucine-rich signaling motif known as the nuclear export signal (NES). Similar to NLSs, a variety of signaling motifs exist that are capable of mediating nuclear export (85). Instead of amino acid sequences, RNA species possess structural motifs recognized by specialized exportin molecules that direct them toward the cytoplasm (86). Examples of various NES are shown (Table 2).

Due to the variety of transport signals available for import and export, nucleocytoplasmic trafficking remains a tightly controlled process. The primary level of regulation occurs at the nuclear transport signal by controlling access to the NLS/NES. With respect to the localization signal, the eukaryotic cell has evolved various mechanisms to control nuclear trafficking. Phosphorylation, dephosphorylation and regulated proteolysis are some of the common regulatory processes that play a role in regulating nuclear transport at one or more levels (87-92).

Regulation of NLSs and NESs

A common method of regulation within the eukaryotic cell is phosphorylation of a target substrate. In all phosphorylation and dephosphorylation cycles, there are two classes of enzymes responsible for adding and removing phosphate groups, called kinases and phosphatases, respectively.

A diverse number of kinases exist that can be regulated by cyclic AMP and GMP (93-95), calcium (96) and lipids (97-99). The process of phosphorylation begins when a protein substrate possesses a motif recognized by the kinase. On association of the kinase with its target, ATP is recruited to the complex and the terminal phosphate (designated as the γ phosphate) is transferred to the recipient protein, generating the phosphoprotein, ADP or AMP plus an inorganic phosphate as reaction products. The amino acids phosphorylated in mammalian systems are referred to as O-phosphates and include tyrosine, threonine and serine (100). O-phosphates are phosphoproteins in which the hydrogen on the hydroxyl moiety of the R-group has been substituted with an anionic phosphate group. More than one of these phosphoaminoacids within a given protein may be phosphorylated, as is the case with activated MAP kinases, which are dually phosphorylated.
on both threonine and tyrosine residues (101). While the three O-phosphates are, by far, the most commonly studied, other phosphoaminoacids, such as phosphohistidine, also exist (102). Phosphoaminoacids that flank the nuclear localization signal within a protein can affect the affinity of a transport receptor for the NLS on phosphorylation. For example, phosphorylation of the residues adjacent to the NLS of the SV40 large T antigen regulates nuclear import of the large T antigen (102).

The removal of phosphate groups is performed by protein phosphatases (103). Phosphatases can be regulated by calcium and calmodulin (104) and can be classified into four different families based on substrate specificity and degree of conservation within their catalytic domains (105). With respect to nuclear transport, dephosphorylation functions in a manner similar to that of phosphorylation. In this case, the removal of a phosphate group can unmask the transport motif, leading to its recognition and binding by the appropriate transport receptor. For example, dephosphorylation of NFAT exposes its NLS, subsequently leading to its nuclear translocation (87). Furthermore, recent work has identified an association between protein phosphatase 2A and members of the importin-β superfamily (106), which may indicate the existence of generalized phosphatase-dependent regulation on nuclear transport machinery.

Regulation of nucleocytoplasmic transport occurs within the cytosol and possibly at the NE. Both kinases and phosphatases have been identified to reside within the nuclear pore (107). A brief overview of transport receptors, their subclasses, and a short review on the NPC are presented in the following sections.

**NUCLEAR TRANSPORT RECEPTORS**

The proteins responsible for the movement of molecules back and forth between the nuclear and cytosolic compartments are collectively referred to as importins (108). Identification of the first importins, also known as karyopherins, occurred in the early 1990s. It was the isolation and characterization of importin-β (or karyopherin β1) (109) that unequivocally demonstrated the requirement of a monovalent cation for nuclear protein import (109,110). Structural analyses of importin-β revealed that it contains 19 tandem HEAT repeats, arranged so that the tertiary conformation of the molecule is a right-handed superhelical protein with a high degree of flexibility (111). Functionally, it can bind to nuclear pore proteins containing the FxFG motif and possesses an amino- and carboxy-terminal Ran binding domain (112-114). With respect to nuclear import, importin-β participates as part of a trimeric complex formed when a protein bearing a ‘classical’ polybasic NLS is recognized by its receptor, importin-α (115). Interaction of the NLS with its cognate receptor causes importin-α to undergo a conformational shift which then promotes its binding to the carboxy terminus of importin-β by virtue of an importin-β binding (IBB) domain at its N-terminus (111,116). Formation of the importin heterodimer causes mutual conformational changes in both subunits which ultimately promote nuclear protein import (116) in a Ran and energy dependent manner.

Alternatively, a protein may directly bind importin-β without the use or need of adaptor proteins such as importin-α (108). Several viral proteins (117-119) are able to bind directly to the IBB domain and form a heterodimeric complex which is imported into the nucleus. Additionally, other endogenous eukaryotic proteins use this mechanism to be imported (120,121). Based on these observations, the importin-β superfamily can be subdivided into two categories: those that are capable of binding a molecule directly for import/export; and those that utilize adaptor proteins. Adaptor proteins themselves can be further classified into importin-α type NLS receptors, or non-importin-α type receptors.

**Adaptors: importin-α**

Importin-α is the prototypical adaptor protein that recognizes both monovalent and bivalent ‘classical’ NLSs (122,123) and is simultaneously isolated and identified with importin-β, as mentioned previously (109). This molecule consists of 10 tandem ARM motifs, with the main NLS recognition sites residing within the second and fourth ARM repeats (124). At the C-terminus is an acidic domain required for binding to CAS, the endogenous nuclear exporter of importin-α (125-127). At its N-terminus, importin-α possesses the IBB domain required for interaction with importin-β (111,127).

Identification of a polybasic sequence within the IBB (128) led to the hypothesis that importin-α may also possess autoinhibitory activity in addition to binding to importin-β. This was confirmed by a later study which reported that a Lys-Arg-Arg sequence within the IBB domain binds to the NLS recognition domain within importin-α (129). This highly conserved sequence was identified in several forms of importin-α from yeast, mouse and human sources (129). Using a variety of plasmids encoding different mutations of this IBB domain, Harrem et al (129) demonstrated that this sequence was essential in promoting NLS-cargo release within the nucleus and it was suggested that the autoinhibitory properties of the IBB domain prevents futile cycling of unloaded importin-α/β complexes.

More than one form of importin-α exists. In humans, six forms have been identified, each of which are separate gene products (130), as is the case for the various mouse isoforms of importin-α that have been identified (131). Since tissue specific distribution of the importin-α isoforms has been observed, it is possible that each isoform is responsible for the import of a specific group or subset of proteins. For example, RanGFP1/RCC1 is a constitutively nuclear enzyme that is preferentially imported by importin-α3 (130,132). Future studies investigating specific importins and their respective cargoes will provide a more comprehensive understanding of the diversity of import receptors involved in nuclear transport.

**Adaptors: non-importin-α receptors**

There are other adaptor proteins with specific cargoes distinct from those mediated by the importin α/β complex. In some ways, these molecules possess similar characteristics to those of importin-α. For example, they possess an IBB domain as well as the ability to bind to their respective cargoes. However, the recognition motif by which they bind is typically quite different.

Snurportin1 was identified as the adaptor responsible for importing m3G capped U snRNPs into nuclei (133). Similar to importin-α, snurportin1 possesses an IBB domain. However, it is distinct from the former in that it allows Ran- and energy- independent nuclear protein import (134). In order to illustrate that this ability was characteristic of the snurportin1 IBB, Huber et al (133) generated a snurportin1 mutant that possessed the importin-α IBB and demonstrated that ribonucleoprotein import became Ran dependent.

Histone H1 is a small (~22 kDa) basic protein that is constitutively nuclear and actively transported despite its small size (135-137). Also known as linker histones, they are involved in both the maintenance of chromatin structure as well as transcriptional regulation (137) and are the exclusive ligands of the importin-7 receptor (136,138). Several portions of histone H1 possess stretches of basic amino acids that, on their own, serve as NLSs that can functionally interact with individual import factors (136). However, import of the entire complex requires a heterodimeric receptor composed of both importin-β and importin-7, the latter being the adaptor specific for histone H1 (136). It is believed that in addition to serving as an
import receptor, the importin-β-7 complex may also serve as a chaperone for histone H1 (136).

The XRIIPα adaptor protein is responsible for importing replication protein A (RPA) (139). RPA is a single stranded DNA binding protein composed of three subunits (140) that is essential for chromosomal DNA replication (141), repair (142) and recombination (143-145). The adaptor was originally identified using a yeast two hybrid assay by Jullien et al (139). Briefly, several domains of the RPA holoenzyme were fused to the Gal4 DNA-binding domain to form the “bait” constructs that were used to screen a *Xenopus* oocyte cDNA library. The identified adaptor was found to specifically bind RPA and possessed an IBB structurally distinct from that of the importin-α IBB (139). Similar to previouly characterized importin-β binding domains, the IBB of XRIIPα is located at the N-terminus and contains an arginine-rich, basic motif (139). The similarities end there, however, as arginines in this particular receptor do not form continuous stretches of basic amino acids as found in the IBBs of HIV Tat and Rev proteins (119).

It is clear from these examples that although members within the importin family share some properties, they possess individualized characteristics which contribute to the recognition of a broad and diverse array of substrates. While this observation has been made for molecules that mediate nuclear import, it also holds true for the members of the importin-β superfamily that are responsible for nuclear export.

Exportins
Exportins are members of the importin-β family that are responsible for the movement of proteins, RNA and ribonucleoproteins from the nucleus into the cytoplasm (107,146). They are generally similar to the importins in that they recognize a localization signal, bind to Ran and interact with proteins of the NPC. On closer investigation of the exportin molecule, differences become apparent.

CRM1/exportin-1 is the prototypical exportin molecule responsible for nuclear transport of the bulk of exported substrates. It recognizes a nuclear export signal (NES), which is different from the polybasic NLS mentioned earlier (147). NESs are typically leucine rich sequences found on a protein destined for transport into the cytosol (148). The first such NES was identified in the HIV Rev protein (149). In nuclear export, CRM1 binds to the NES and associates with RanGTP to form a stable export complex, similar to the mechanism of nuclear import. This heterotrimeric complex is then directed to the nuclear basket on the nucleoplasmic face of the NPC (76) and subsequently exported to the cytoplasm. Once there, RanGAP activates the intrinsic GTPase activity of Ran (150). Hydrolysis of GTP to form RanGDP promotes dissociation of the nuclear export complex, releasing the cargo into the cytoplasm. Although this pathway is recognized as the ‘workhorse’ pathway of nuclear export, other CRM1-independent transport mechanisms exist.

One such example is the nuclear export of importin-α. Kutay et al (126) identified CAS as an essential protein required to transport importin-α from the nucleus back to the cytosol following a round of nuclear import. Subsequent studies confirmed the functionality of CAS as a nuclear exporter (151-153). CAS activity can be modulated specifically by exportin-t (152,153) and to a lesser extent, exportin-5 (154). Both exportin-t and exportin-5 cooperatively bind RanGTP and the RNA molecule directly, without the need for adaptors. Similar to tRNAs, mRNAs possess specific proteins which direct them out of the nucleus in a CRM1- and Ran-independent manner.

Proteins are not the only molecules subject to exportin mediated transport. The export of RNA species involves completely different sets of receptors. The transport of transfer RNAs (tRNAs) is mediated specifically by exportin-t (162,163) and to a lesser extent, exportin-5 (164). Both exportin-t and exportin-5 cooperatively bind RanGTP and the tRNA molecule directly, without the need for adaptors. Similar to tRNAs, mRNAs possess specific proteins which direct them out of the nucleus in a CRM1- and Ran-independent manner.

Messenger RNA is delivered to the cytosol by the TAP receptor (165). This exportin forms a complex with another molecule, NXT1, to form a heterodimer that mediates the movement of mRNA out of the nucleus (166-168). However, transport of mRNA is slightly more complex, as other factors which participate in splicing, elongation and termination of the nascent mRNA transcript are required to mediate the association between the TAP/NXT1 complex and mRNA (146,169,170).

The diverse nature of nuclear transport receptors and adaptors justifies the premise of the existence of other receptors that remain to be identified (171). Also, while knowledge concerning nucleocytoplasmic trafficking control has come primarily from studies that have examined regulatory processes on the cytosolic machinery, evidence suggests that modifications at the membrane bound NPC also regulate nuclear trafficking (172).

**RAN AND NUCLEAR TRANSPORT**

Ran is a small GTPase intimately involved with nucleocytoplasmic trafficking (Figure 2) (70,142,173,174). Located predominantly in the nucleus, it is capable of shuttling back and forth between the nuclear
and cytoplasmic compartments (175,176). Nuclear Ran is bound to GTP and delivered to the cytosol in conjunction with an export complex (177). Once there, it is converted to RanGDP (150,178). This is extremely important, as hydrolysis of RanGTP promotes the dissociation of transportins from their cargo when they reach the cytosol.

While cytoplasmic delivery of Ran occurs via its participation in an export complex, import of Ran requires the RanGDP-specific import factor called p10/NTF2. First identified in S. cerevisiae by Nehrbass andBlobel (179), this molecule was shown by these and other authors to bind to the FxFG repeats of isolated nups (180,181). Further work clarified the role of p10/NTF2 as a nuclear import receptor for Ran in its GDP bound form (182-184), as it was observed that NTF2 specifically bound RanGDP and not RanGTP (179). NTF2 is located primarily at the NE, bound to nups (181), since the Ran-binding and nup binding domains are discrete regions of the protein (180). It is also distributed between the cytoplasm and the nucleus (180). The concentration of NTF2 at the NE is on the order of ~20 μM and it exists in a dimerized form, whereas it is monomeric in the cytoplasm and the nucleus, at a concentration of 0.3 μM and 0.6 μM, respectively (180). These differences in concentration affect the monomer-dimer equilibrium of NTF2, as Chaillan-Huntington et al reported a dissociation constant of ~1.1 μM for NTF2 (180). At concentrations below this KD, the dimer dissociates and significantly weakens the affinity of NTF2 for RanGDP (180), releasing it into the nucleoplasm, which can then be recharged with GTP by RCC1.

Ran has weak inherent GDP/GTP exchange activity as well as intrinsic GTP hydroyzing capabilities (185). In order for Ran to maintain its distinct GTDP and GDP bound states in the nucleus and cytoplasm, respectively, a host of accessory proteins exist which regulate and enhance both the hydroyzing ability of Ran as well as its nucleoside binding capacity. Within the nucleus is the RanGAP/RCC1 enzyme. It is constitutively imported and maintains its nuclear localization by associating with chromatin (186). This enzyme is responsible for replacing GDP with GTP, and maintains Ran in a GTP bound form (187). Binding of RanGTP to importin-β entering the nucleus promotes dissociation of the import complex and subsequent release of the NLS bearing cargo into the nucleus (188). Export complexes are formed only in the presence of RanGTP (177,189). RCC1 is imported into the nucleus by two distinct mechanisms – one which depends on importin-α3 (130) and another that does not depend on energy or pre-existing Ran gradients (190).

RanGTP that exits the nucleus in association with an export complex is converted to RanGDP by the concerted action of several co-activating proteins. Chief among these proteins is RanGAP1 (150), which, together with the Ran binding protein RanBP1 (191), increases the intrinsic hydroytic activity of Ran. RanGAP1 exists in two forms, a soluble cytosolic form and a SUMOylated, NPC-associated form (91,92). At the NPC, another Ran binding protein called RanBP2/Nup358 is part of the cytoplasmic filaments of the complex which also acts co-operatively with SUMO-RanGAP1 (91,92). These elements maintain Ran in a GDP bound form in the cytoplasm. The nuclear components of the Ran cycle maintain high nuclear concentrations of RanGTP. It has been estimated that the concentration of RanGTP is over 200-fold greater in the nucleus than in the cytoplasm (192). Together, the cytoplasmic and nuclear elements of the Ran cycle establish a steep RanGTP gradient across the NE. This is the source of energy for active nuclear transport as well as the element that specifies the vectorial movement of transport cargo.

The majority of nucleocytoplasmic trafficking requires a functional Ran cycle to operate (Figure 2). Exceptions exist, however, and Ran independent transport has been identified for a variety of different proteins (193,194). The nuclear import receptor transportin enters the nucleus by a Ran unassisted mechanism (194). IkBα, a regulator of NFkB transport, is imported without Ran (195). Other non-transport proteins, such as beta catenin (196) and the U1A and U2B’ spliceosome proteins (197) also enter the nucleus by a pathway independent of Ran. RanGAP activity can be stimulated by lipid molecules like lysophosphatidylcholine (198).

**THE FUTURE OF RESEARCH ON NUCLEOCYTOPLASMIC TRAFFICKING**

Transport of proteins in and out of the nucleus is rapidly becoming recognized as a key process in the life and death of a cell (199). It is also a critical pathway in the capacity of a cell to adapt to an ever-changing environment (199). With such a central role in the viability and function of a cell, it is not surprising that scientists are becoming increasingly aware of its potential role in cell pathology (200-203) and its identifications as a target for therapeutic interactions (204). It is predicted that nucleocytoplasmic trafficking will become an increasingly important and attractive subject in cell biology.

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