

# Oral administration of berries effective as short term first aid in Monstrasinu

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## Abstract:

As Monstrasinu catching, training, and battles have increased in popularity, so have Monstrasinu injuries. A wide variety of Monstrasinu medicine is currently available over the counter at marts and in the form of traditional food dishes, but a growing number of Monstrasinu trainers are interested in using berries as first aid. Here we describe the many options available to trainers who are looking to heal their Monstrasinu, and comment on the efficacy of using berries for first aid in Monstrasinu of differing ages. Two primary types of commercially available healing items exist. The first are commercially produced in large quantities and can be found in marts in multiple regions, while the second is locally prepared and in many cases reflects the cultural heritage of the area it comes from. Berries are not generally commercially available.

### Commercially Available Mass Produced Products

Mass produced products are the most commonly used items to heal injured Monstrasinu. The most commonly used variety are called “potions,” and they come in three types: Potion™, Super Potion™, and Hyper Potion™, with the potency of a Hyper Potion™ ten times as strong as that of an ordinary Potion™. Others are capable of making unconscious Monstrasinu conscious with half of their lost health restored, like Revive™, while others like Full Heal™ can solve a variety of maladies, including burns, paralysis, confusion, sleep, poisonings, and freezing.

These products are the dominant means of treating injured Monstrasinu, likely due to their efficacy and cost. Their failure rate is so low as to be negligible due to high quality control in the factories that make them, and they are considered to be affordable by nearly all Monstrasinu trainers. They are also readily available at marts, which are present in nearly every city and town where Monstrasinu trainers are active.

### Commercially Available Local Specialties

Different regions in the Monstrasinu-training world produce local specialties that act similarly to Full Heal™ but differ in their availability. “Pewter Crunchies” are only sold in Pewter City, while Rage™ candy bars can be found in several regions. “Lava” cookies are baked daily and sold atop Entotsuyama, and Old Gateau candies are considered a rare delicacy. Casteliacone soft serve is the signature food of Castelia City in Unova County, New York, USA, and Lumiose galettes are the pastry specialty of Lumiose City in Kalos. Shalour sables are a specialty from Shalour City, although they are not available for sale within the city itself due to esoteric zoning laws, and fried Big Malasada™ doughnuts are available throughout the Alolan islands.

In several cases, these local specialties are cheaper than their more common commercially available counterparts, and they are readily used by trainers in their respective regions. They are less popular, however, due to their limited availability, with “lava” cookies being especially difficult to obtain, as they are exclusively sold atop Entotsuyama, an active volcano.

### Berries

Berries are the third common means of healing injured Monstrasinu. There are more than 60 different varieties of berries, all of which are edible by all Monstrasinu. While none of them are able to rouse an unconscious Monstrasinu back to consciousness, they have a greater variety of effects than manmade medicine.

Some berries (Cheri, Chesto, Pecha, Rawst, Aspear, and Persim) are able to cure a single status condition each, while another is as effective as a Full Heal™ for healing any status condition. Other berries restore health, like Oran, Sitrus, Figy, Wiki, Mago, Aguav, and Iapapa, although all but the first two cause negative side effects in approximately 20% of Monstrasinu, with side effects appearing to be present in Monstrasinu that do not like the flavor of the berry.

Not all berries are strictly healing items, though. Pomeg, Kelpsy, Qualot, Hondew, Grepa, and Tamato berries reduce the physical fitness of Monstrasinu and make them more docile and agreeable. Liechi, Ganlon, Salac, Petaya, Apicot, Lansat, and Starf berries all temporarily increase the reflexes or physical ability of Monstrasinu shortly after suffering a severe injury. Occa, Passho, Wacan, Rindo, Yache, Chople, Kebia, Shuca, Coba, Payapa, Tanga, Charti, Kasib, Haban, Colbur, Babiri, and Chilan berries all appear to reduce injuries from different types of Monstrasinu attacks. The mechanism by which these berries work is unclear, as the different varieties can reduce the damage taken from flamethrowers, waterfalls, thunderbolts, leaf blades, blizzards, jump kicks, poisoned jabs, earthquakes, wing attacks, psybeams, pin missiles, rock slides, night shade, dragon claws, dark pulses, meteor mashes, and body slams. The therapeutic uses of some varieties of berries are currently unclear. These include Cornn, Magost, Rabuta, Nomel, Spelon, Pamtre, Watmel, Durin, and Belue berries, which are rarely used by Monstrasinu trainers but are often used to make foods to improve the condition of Monstrasinu used in Monstrasinu contests.

While these berries have a variety of clear applications for use by Monstrasinu trainers, they are less commonly used than the commercially available products, although they are more commonly used than local specialties. This may be due to a lack of any real commercial cultivation and limited promotion, despite many adaptations that would lend them well to being farmed. These berry trees grow extremely rapidly, and in many cases can be harvested in less than a day after planting, making their rate of growth on par or faster than bamboo. Despite this, the cultivation of growing berries is only seriously done by a select few hobbyist “Berry Masters” and not by any commercial farmers.

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## Short communication

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The activities of “Berry Masters” may actually reduce commercial interest in berries. “Berry Masters” cultivate berries and give them out to people they find deserving, but they find almost everyone deserving of their berries. This results in large numbers of berries being distributed for free, making it more difficult for possible commercial berry farmers to sell their berries, notwithstanding the simple fact that all of the items mentioned in this abstract are restricted to a single prominent media franchise, which poses another significant challenge for those seeking to use them for business activities.

Unlike other types of items, berries are allowed in Monstrasinu fights where other items are not, as Monstrasinu are able to hold and use berries on their own while they are unable to use manmade healing items. As such, they are often used by well experienced trainers in high-level competitions in Hoenn’s Battle Frontier and Unova County’s unique mass transit system. Curiously, they are also commonly used by young, inexperienced trainers due to their lower cost than manmade medicine, although their berry use is limited to Oran berries, which are only five percent as effective as a Hyper Potion™. Berries, however, are sometimes unable to be eaten by Monstrasinu if in the vicinity of another Monstrasinu that it finds unnerving, although these unnerving Monstrasinu are rare.