

The prevalence of borderline mental Pathology among adolescent students during the period of distance learning. The role of the school nurse in primary and secondary Psych prophylaxis.



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ABSTRACT

The aim of this study was to study the prevalence rates of borderline mental pathology in medical college students in the context of distance learning. Research methods are clinical, epidemiological and hygienic. In 2021, 159 adolescents were examined - students of the 10th grade of the medical pre-university in Moscow, at the age of 15-16 years. When analyzing the results of the data obtained, borderline mental deviations of varying severity were identified in 65.5% of all examined. The findings were compared with a similar study from 2020. A significant increase in neurotic disorders was revealed. It should be noted that syndromic-outlined neurotic states occurred in the surveyed contingent with a fairly high frequency - 13.2%, while none of the surveyed had previously been consulted by a specialist doctor. The conclusion is drawn about the extremely low appealability of adolescents and their parents to specialist psychiatrists and the exceptional role of the school nurse in the organization of primary and secondary psychoprophylaxis.

BIOGRAPHY

Chubarovsky Vladimir Vladimirovich 1957 year of birth. Graduated from Moscow Medical Institute I. M. Sechenov in 1981. He completed a 2-year specialization in psychiatry at the same institute. Doctor of Medical Sciences, specializing in "psychiatry" and "hygiene", Then he worked as a junior researcher, assistant and associate professor of the Department of Psychiatry and Medical Psychology of the Moscow Medical Academy I..M..Sechenov. From 2003 to 2020, he worked as a chief researcher at the FGAO Scientific Medical Research Center for Children's Health of the Ministry of Health of the Russian Federation. Currently, he works as Chief Researcher of the Department of Hygiene of Children, Adolescents and Youth of the Institute for Complex Problems of Hygiene Science Federal Scientific Center of Hygiene named after F.F. Erisman of the Federal Service for supervision in Protection of the Rights of Consumer and Man Wellbeing, also works as a professor at the Department of Hygiene of Children and Adolescents at Sechenov University. Author of over 225 publications, including monographs on mental health problems in children and adolescents. Research interests - child and adolescent mental health, psychiatry, psychoprophylaxis, clinical epidemiology of mental disorders.

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