Case Report

Unusual origin of the left vertebral artery

Nurcan IMRE +
Bulent YALCIN
Hasan OZAN

Department of Anatomy, Gulhane Military Medical Academy, Ankara, TURKEY.

Nurcan Imre, MD
Assistant Professor
Department of Anatomy
Gulhane Military Medical Academy (GATA)
06018 Etlik-Ankara, TURKEY.
+90 (312) 304 3503
nercikti@gata.edu.tr

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ABSTRACT

The vertebral artery is important to posterior cerebral circulation. Several researchers have reported anomalous origins of the vertebral artery such as from the aortic arch, between the left common carotid artery and left subclavian artery or after left subclavian artery, from the thyrocervical trunk, from the brachiocephalic trunk, from the common carotid artery, from the external carotid artery, or from the common carotid trunk formed by left subclavian artery and left vertebral artery. We encountered a variation of the aortic arch gave off four branches, brachiocephalic trunk, left common carotid artery, left vertebral artery, left subclavian artery. The left vertebral artery originated from the aortic arch between the origins of the left common carotid artery and the left subclavian artery. The origins distance between the left vertebral artery and the arteries were 3.96 mm and 5.10 mm, respectively. Diameter of the left vertebral artery at its origin was 5.51 mm. The left vertebral artery coursed upward to the transverse foramen of the C6. The length of the prevertebral segment of the left vertebral artery was 88.5 mm. The anatomic and morphologic variations of the left vertebral artery are significant for diagnostic and surgical procedures in the head and neck region. It is of clinical importance to know the origin and course of prevertebral segment of the vertebral artery in detail and being aware of the possible variations.

Key words [vertebral artery] [variations] [aortic arch] [subclavian artery]

Introduction

The vertebral artery (VA) is important to posterior cerebral circulation. It arises from the superior surface of the first part of the subclavian artery medial to the scalenus anterior muscle. The vessel takes a vertical posterior course to enter into the transverse process of the sixth cervical vertebra. It continues through the transverse foramina of the cervical vertebrae and after passing through the transverse foramen of the atlas, turns posteromedially on its posterior arch, pierces the atlantooccipital membrane and the dura mater, respectively and then enters the foramen magnum [1,2]. The segment of the VA from its origin at the subclavian artery to its entry into the respective transverse foramina is called the pretransverse or prevertebral segment [2]. Several researchers have reported anomalous origins of the VA such as from the aortic arch, between the left common carotid artery (LCCA) and left subclavian artery (LSA) or after LSA, from the thyrocervical trunk, from the brachiocephalic trunk (BT), from the common carotid artery, from the external carotid artery, from a common carotid trunk formed by LSA and left vertebral artery (LVA) [3–7]. Knowing the variation of the origin of VA and its prevertebral course is of great importance for head and neck surgery [8] and angiography [2] and vascular angiography.

Case Report

During a routine dissection of the branches of the aortic arch of a 81-year-old female cadaver at the Faculty of Medicine, Gulhane Military Medical Academy, we encountered a variation of the aortic arch gave off four branches, BT, LCCA, LVA, LSA. The LVA originated from the aortic arch between the origins of the LCCA and the LSA. The origins distance between the LVA and the arteries were 3.96 mm and 5.10 mm, respectively. Diameter of the LVA at its origin was 5.51 mm. The LVA coursed upward to the transverse foramen of the C6. The length of the prevertebral segment of the LVA was 88.5 mm. The right vertebral artery (RVA) originated from the right subclavian artery. Its origin was 6.84 mm distal from the origin of the right subclavian artery (RSA). Its diameter at its origin was 4.54 mm. The artery entered the transverse foramen of the C6. The length of the prevertebral segment of the RVA was 44.31 mm.

Discussion

The intersegmental arteries are 30 or more branches of the dorsal aorta [1]. They originate from the branchial aortic system. Initially the VA emerges being formed by the longitudinal anastomosis of the cervical segmental arteries [9,10]. Usually the first part of vertebral artery develops from proximal part of dorsal branch of seventh cervical intersegmental artery proximal to postcostal anastomosis. The second part is derived from longitudinal communications of the postcostal anastomosis. In the present case, the left sixth dorsal intersegmental artery might have persisted as the first part of vertebral artery hence LVA was arising from arch of aorta.
Unusual origin of the left vertebral artery

Origin point of the VA were reported as from the aortic arch, between the LCCA and LSA or after LSA, from the thyrocervical trunk, from the common carotid artery, from the external carotid artery, from a trunk formed by LSA and LVA. [3–7]. Incidence of the LVA originating from the aortic arch was reported variable (Table I). The origin of the VA and the entrance point into the cervical transverse foramen were examined during dissection of 40 cadavers at the Faculty of Medicine, Gulhane Military Medical Academy from 2000 to 2009. In one female body the LVA was originated from the aortic arch between the origins of the LCCA and the LSA. The frequency of a LVA arising from the aortic arch was found as 2.5%.

There are many reports in the literature of frequency of the aortic arch origin of the LVA (Table 1). It ranges from 2.4 % to 6.9 %. Nevertheless, most authors have stated that it is about 2.5-3 %.

Lippert Pab's classified the LVA according the origin from the aortic arch as: between the LCCA and LSA (Type A, 3%), between a common trunk formed by BT and LCCA and LSA (Type B, <1%), after the LSA (Type C, <1%), after the LSA as the third branch (Type D, <0,1%), after a common trunk as the second branch (Type E, <0,1%), different from Type A, RSA appears from descending aorta (Type F, <0,1%), one of two roots as a penultimate branch (Type G, <1%), both VA branch from the aortic arch (Type H, <0,1%) [11].

Nizanowski, in their study on 160 cadavers and 100 fetuses, found the LVA originating from the aortic arch in seven adults and one fetus [12].

Komiyama reported the incidence of arterial dissection of the vertebral artery of aortic origin and vertebral artery of subclavian origin [13]. According to their studies LVA of aortic origin was associated with a significantly higher incidence of vertebral artery dissection than LVA of left subclavian artery origin and right vertebral artery of right subclavian origin [13].

Gluncic reported the left vertebral artery originated from the common trunk of it and the left subclavian artery at the aortic arch [3]. Its origin was 3.5 mm distal from the origin of the trunk. The length of the prevertebral segment of the left vertebral artery was 87.3 mm and its diameter at the origin was 3.3 mm [3]. Panicker reported the LVA originated directly from arch of aorta between the left common carotid artery and left subclavian artery [14]. The diameter of left vertebral artery at origin was 3.1 mm as compared to that of the right, which had a diameter of 6.5 mm at origin. The length of right vertebral artery was 38 mm and that of left vertebral artery was 92 mm [14]. In the present case, diameter of the LVA at its origin was 5.51 mm. The length of the prevertebral segment of the LVA was 88.05 mm.

Entrance point of the LVA originating from the aortic arch was also reported variable (Table 2). Most common entrance points were reported as C5 and C6, respectively [15,16]. Nevertheless, C6 reported as the most common entrance point [16].

Overall, the most common entrance for vertebral arteries was at C6; 82.1% for left vertebral arteries [16]. Different levels of entry of the VA to the transverse foramen may also contribute to differences in hemodynamics [13]. The anatomic and morphologic variations of the LVA are significant for diagnostic and surgical procedures in the head and neck region [2, 3, 17]. It is of clinical importance

Table 1. Aortic arch origin of the left vertebral artery.

<table>
<thead>
<tr>
<th>Study</th>
<th>Prevalance</th>
</tr>
</thead>
<tbody>
<tr>
<td>Adachi (1928)</td>
<td>5.4%</td>
</tr>
<tr>
<td>Aso (1932)</td>
<td>3.2%</td>
</tr>
<tr>
<td>Mori (1941)</td>
<td>6.9%</td>
</tr>
<tr>
<td>Lippert Pab (1985)</td>
<td>3%</td>
</tr>
<tr>
<td>Takafuji and Sato (1991) [20]</td>
<td>6.9%</td>
</tr>
<tr>
<td>Vorster (1998) [21]</td>
<td>3%</td>
</tr>
<tr>
<td>Komiyama (2001)</td>
<td>2.4%</td>
</tr>
<tr>
<td>Yamaki (2006)</td>
<td>5.8%</td>
</tr>
</tbody>
</table>

Table 2. Aortic arch origin of the left vertebral artery and its entrance into the cervical vertebra.

<table>
<thead>
<tr>
<th>Entrance into the cervical vertebra</th>
<th>Adachi (1928)</th>
<th>Yamaki (2006)</th>
</tr>
</thead>
<tbody>
<tr>
<td>C3</td>
<td>0</td>
<td>6.7%</td>
</tr>
<tr>
<td>C4</td>
<td>7.4%</td>
<td>16.7%</td>
</tr>
<tr>
<td>C5</td>
<td>66.66%</td>
<td>43.3%</td>
</tr>
<tr>
<td>C6</td>
<td>14.8%</td>
<td>33.3%</td>
</tr>
<tr>
<td>C7</td>
<td>11.11%</td>
<td>0</td>
</tr>
<tr>
<td>Number of cases</td>
<td>27</td>
<td>30</td>
</tr>
</tbody>
</table>
to know the origin and course of prevertebral segment of the vertebral artery in detail and being aware of the possible variations. In order to prevent complications, it is critical to assess vascularization in this region prior to conducting medical procedures. The extracranial portion of VA is frequently affected from atherosclerosis. The most common site of the consequent stenosis is its origin. According to Bernardi and Detori, the unusual origin of the VA “may favor cerebral disorders because of alterations in the cerebral haemodynamics”[18]. Goray et al. reported a variation in the origin of VA, where the case was asymptomatic. Some patients complained of dizziness, however, which was thought to have no connection to the anomalous origin of the VA. Anomalous VA origin also represents a potential pitfall in diagnostic cerebrovascular injury [19].

References